

## ➤ Sandwiches ◀

### TRUFFLED GRILLED CHEESE *new recipe*

aged cheddar + gruyere + leeks + plum tomatoes + black truffle spread + house spread + grilled pressed sourdough ..... 8.75

### TUNA MELT *new recipe*

tuna salad + gruyere cheese + aleppo roasted peppers + house spread + grilled pressed sourdough ..... 9.75

### SALMON BLT

housemade applewood smoked roasted salmon + brown sugar bacon + pickled tomato jalapeno salsa + house greens + house spread + toasted ciabatta ..... 11.50

### FISH TORTA

panko-crusted tilapia + tortilla chips + kaleslaw + pickled tomato jalapeno salsa + house spread + brioche bun ..... 10.50

### TURKEY

smoked turkey + avocado + monterey jack + spinach + aleppo pickled roasted peppers + spicy chipotle aioli + tortilla chips + toasted ciabatta ..... 10.50

### SCHNITZEL

white meat chicken + aleppo pickled roasted peppers + roasted garlic aioli + kaleslaw + toasted ciabatta ..... 10.75

### CARNITAS

slow roasted marinated pork shoulder + pickled jalapenos + fresh cilantro + grilled onions + roasted garlic aioli + lettuce + toasted ciabatta roll ..... 10.50

### THE ITALIAN

spicy sopressata + cured ham + fresh mozzarella + arugula + aleppo roasted red peppers + balsamic vinaigrette + toasted ciabatta ..... 10.50

### HOUSE-SMOKED CHICKEN *new*

applewood smoked chicken + fresh mozzarella + roasted peppers + fresh basil + roasted garlic aioli + ciabatta ..... 10.75

### BEEF

roasted beef + aged cheddar + pickled apples + bbq potato chips + fresh basil + caramelized onions + roasted garlic aioli + toasted pretzel roll ..... 10.50

### COCONUT BACON ♻

applewood-smoked coconut "bacon" + avocado + tomato + house greens + house-made vegan mayo + seven grain ..... 9.50

### WEEKLY SPECIAL

ask about our everchanging weekly sandwich creations ..... P/A

*gluten-free bread available 1.50*

## ➤ Sides ◀

ROASTED CAULIFLOWER ♻ whole cauliflower wedge ..... 4.75

BUTTERNUT SQUASH ♻ aleppo roasted butternut squash ..... 4.75

QUINOA ♻ seasonal farmers market quinoa salad ..... 4.75

KALESLOW ♻ kale + cabbage + jalapeno + ev olive oil ..... 4.75

BRUSSELS SPROUTS ♻ shallots + honey + balsamic vinegar ..... 4.75

MARKET VEGETABLE TUNA SALAD ♻ low mercury tuna, carrots, herbs ..... 4.75

PICKLED VEGETABLES ♻ seasonal market selection ..... 2.50

## ➤ Soups and Snacks ◀

TOMATO CHEDDAR ..... sm. 4.75 ..... lg. 5.75

CHILLED ANDALUSIAN GAZPACHO ♻ ..... sm. 4.75 ..... lg. 5.75

POTATO CHIPS assorted "deep river" chips, kettle cooked ..... 2.50

## ➤ Sweets ◀

OATMEAL COOKIE white chocolate + maldon sea salt ..... 2.50

GINGER COOKIE ♻ candied ginger + valrhona chocolate ..... 3.00

CHOCOLATE CHIP COOKIE ♻ valrhona chocolate ..... 3.00

CHOCOLATE WALNUT COOKIE ♻ butterless + oil free ..... 3.00

CHOCOLATE, DATE AND NUT RAW BARS ♻ almonds, walnuts, coconut ..... 2.75

CHOCOLATE PUDDING valrhona chocolate ..... 3.50

CHIA SEED PUDDING ♻ coconut passion fruit ..... 3.75

PASSION FRUIT TAPIOCA YOGURT agave greek yogurt + pineapple ..... 3.75

STRAWBERRY TAPIOCA YOGURT agave greek yogurt + strawberries ..... 3.75

BAKED LEMON DOUGHNUT ♻ earl grey glaze ..... 3.50

BAKED STRAWBERRY BUTTERMILK DOUGHNUT fresh strawberry glaze ..... 3.00

♻ gluten free ♻ vegan

*for delivery call: 212-758-5555*

## ➤ Entree Salads ◀

### ROASTED BUTTERNUT SQUASH SALAD ♻

kaleslaw + quinoa salad + marinated brussels sprouts + house greens + house balsamic ginger dressing ..... 10.50

### CHICKEN SCHNITZEL SALAD

white meat chicken + roasted butternut squash + marinated brussels sprouts + house greens + house balsamic ginger dressing ..... 10.50

### MEXICAN COBB SALAD

spicy chicken schnitzel + jack cheese + chopped tomatoes + grilled corn off the cob + black beans + house greens + smokey chipotle dressing ..... 10.50

### HOUSE SMOKED CHICKEN SALAD

applewood smoked chicken breast + aleppo roasted peppers + fresh mozzarella + basil + house greens + house balsamic ginger dressing ..... 10.50

### TUNA-KALE NICOISE

yellowtail tuna + kaleslaw + cherry tomatoes + sliced organic cage free egg + house greens + balsamic herb dressing ..... 10.50

### SALMON SALAD

housemade smoked roasted salmon + avocado + kaleslaw + organic egg + roasted olives + cherry tomatoes + house greens + house balsamic ginger dressing ..... 11.75

house greens: wild arugula + escarole + red cabbage + romaine hearts

## ➤ Drinks ◀

### Coffee and Hot Drinks

	<i>small</i>	<i>large</i>
coffee/fair trade organic coffee .....	1.95	2.25
espresso.....	2.05	
cappuccino / cafe latté .....	3.15	4.10
cafe mocha .....	3.75	4.45
café au lait/steamed milk .....	2.25	2.75
hot chocolate .....	2.75	3.25
café americano .....	2.45	2.95
espresso macchiato .....	3.95	4.75
hot housemade chai + ginger + honey.....	4.25	4.75
cold fighter: camomile tea + lemon + ginger + honey .....	4.25	4.75

*organic soy milk 0.75; almond milk 1.50*

### House Iced Coffee

steeped overnight, fragrant, with full body and low acidity ..... 2.35 ..... 3.25

### Cold Brewed Iced Teas

JAPANESE GREEN TEA unsweetened..... 3.00

PASSION FRUIT earl grey tea ..... 3.75

YUZU basil + mint + agave + green tea..... 3.75

HIBISCUS citrus + agave + ginger ..... 3.75

### Fresh Squeezed Juices

	<i>small</i>	<i>large</i>
YELLOW ♻		
pineapple + lemon + agave + cayenne	7.50	9.50

### GREEN ♻

spinach + kale + parsley + romaine + cucumber + celery + lemon + apple

### RED ♻

watermelon + strawberry + apple + cucumber + cranberry

### GOLD ♻

carrot + cucumber + apple + lime + ginger

♻ gluten free ♻ vegan

*We Deliver!*

• T R A D E M A R K •  
**SPREADS**<sup>®</sup>  
 ► SANDWICH SHOP ◀



**441 PARK AVENUE SOUTH, NYC 10016 • 212-758-5555**  
**SPREADSNY.COM**

**7 AM TO 5 PM; MONDAY TO FRIDAY**

► *Breakfast* ◀

*Sandwiches (served from 8am to 11am, and from 2 pm to 8pm)*

- BAGEL AND CREAM CHEESE**  
 persian cucumber + toasted bagel .....3.75  
 your choice of cream cheese and bagel
- EGG AND CHEESE**  
 over-easy organic cage free egg + avocado + black bean chipotle hummus +  
 monterey jack cheese + tortilla chips + brioche bun ..... 5.75
- BACON AND EGG**  
 brown sugar bacon + over-easy organic cage free egg + spicy pimento cheese +  
 brioche bun..... 5.75
- GREEN EGGS AND HAM**  
 fresh herb scrambled organic cage free egg + aged cheddar + gruyere +  
 mortadella + house spread + brioche bun..... 5.75
- CROISSANT AND EGG**  
 over-easy organic cage free egg + gruyere cheese + black truffle spread + toasted  
 balthazar croissant.....5.75
- SALMON**  
 housemade applewood smoked roasted salmon + wasabi tobiko + fresh herb cream  
 cheese + whole wheat scooped-out bagel .....7.75  
*gluten-free bread available 1.50*

*Morning Pastries*

- FRESH ORANGE CHOCOLATE MUFFIN** valrhona chocolate.....3.50  
**BRAN MUFFIN** ♥ cranberries.....3.25  
**CARROT NUT MUFFIN** ♥ flax seeds + walnuts + organic oats.....3.25  
**MARKET POUND CAKE** ask for current special .....3.75  
**CROISSANT** balthazar's .....3.50  
**BAKED LEMON DOUGHNUT** ♥ earl grey glaze .....3.50  
**BAKED STRAWBERRY BUTTERMILK DOUGHNUT** fresh strawberry glaze .....3.00

*Yogurt, Granola and Fruit*

- PASSION FRUIT TAPIOCA** greek yogurt + pineapple + cantaloupe .....3.75  
**STRAWBERRY TAPIOCA** greek yogurt + strawberries.....3.75  
**GRANOLA PARFAIT** agave sweetened greek yogurt + fresh fruit.....3.75  
**GRANOLA** ♥ coconut + quinoa + dried cherries .....3.75  
**SEASONAL BERRIES** organic agave sweetened greek yogurt + fresh fruit .....3.95  
**BERRY CUP** mixed seasonal berries .....3.95

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